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# ASCENDING OUTLOOK

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# BECAUSE YOU CAN, YOU MUST!

There are so many people who are proud of you – your parents, family, faculty, and friends – all who share in this achievement. To all the moms who are here today, you could not ask for a better Mother's Day gift than to see these entire folks graduate. Because we can, we must. There are many things in life that we pay no attention to, or that we allow to slip from our hands. They are things we have the ability to do, but we just end up not doing them.

Bono, co-founder of Data (debt AIDS Trade Africa) and lead singer of U2.

## From the Remarks of Bill Gates, Harvard Commencement 2007.

"I've been waiting more than 30 years to say this: 'Dad, I always told you I'd come back and get my degree.' I want to thank

Harvard for this timely honor. I'll be changing my job next year ... and it will be nice to finally have a college degree on my resume. I applaud the graduates today for taking a much more direct route to your degrees. For my part, I'm just happy that the Crimson has called me 'Harvard's most successful dropout.' I guess that makes me valedictorian of my own special class ... I did the best of everyone who failed.

But taking a serious look back ... I do have one big regret. I left Harvard with no real awareness of the awful inequities in the world – the appalling disparities of health, and wealth, and opportunity that condemn millions of people to lives of despair."

But you have better opportunities. You can be a voice, not a victim. There are two bail outs – *our power of idea* and *strength of focus*. There is a treasure of wisdom in man; hence, individuals are not to be sidetracked by the tumbling world. Every day you receive a steady stream of sensationalism and scandal stories with a message that suggest change

isn't possible, that you can't make a difference, and that you won't be able to close that gap between life as it is, and life as it ought to be. My job today is to tell you 'Don't believe it!' Because as tough as things have been, I am convinced you are tougher.

## In 1985 when I graduated like you:

- Five universities were shut down
- No private university
- Serious economic regression

Our failures should give us strength to go upward. Our critics should give us courage to go forward. Our challenges, in sickness, family and finances, should give us divers ways to go onward.

I will not sit down on a point regretting on the past. I'm moving forward. I will not bow my head to challenges of life; I'll stay put. There is a parallel line between regret and realization. Move on. You can. You must!

**James A. Adeosun**  
Speech, Managing Director,  
Ascending College

One of the constant concerns of the youth is how to use their strengths and resources in worthwhile and rewarding activities. They will want to be assured that they have potentials, skills, talents and that



## TALENTS

they are useful. This is a good concern. Have you ever asked the question: what are talents?

What are gifts? Do I have a talent? If yes how do I know?

The following lines will provide answers to your questions. Talents

are natural abilities, special and peculiar to individuals. Everyone has one talent or the other. How do I know my talent? Well, it is easy, think of the thing that you like to do. The good things that interest you most, I mean the things you easily and constantly want to do. So, develop your talents and use it to make positive impact in your world.

**TITILOPE ABU** Course Co-ordinator Ascending College



# CAMBRIDGE A' LEVEL as a

## TRAINING AND TRANSFORMATIVE PHASE OF PRE-UNIVERSITY EDUCATION



students, are usually taught and, most importantly, trained into becoming better students. Time management, for instance, was one

It is commonly agreed that when an individual passes through the right way, s/he stands tall among others. The lessons he would have learnt would help him in making footprints on the sands of time. There are ways in which this can happen to many young people, especially in the aspect of education. Ignorance has served as a hindrance to a progressive educational pursuit. For so many school leavers, once they fail JAMB, it mostly marks the end of confidence in them. In the continuation of this essay, we would be taking notes of an alternative that can train and transform lives of so many worrying youths – Cambridge A' level.

Over the years, it's been noted that ignorance to the alternative of A' level has not helped, but the few who have gone through the phase have been able to stand among their peers and even make a difference. Thinking deep about gaining admission in to the university, I

have discovered that it is not only about waking up early in the morning to attend lectures, or sitting for tests and examinations, but that it is another phase of one's life and a very important one. It is unfortunate that most students who leave their secondary school and gain admission into the university usually 'miss it'. Most times they get into the university being naïve, with no training in terms of their mindset as to how they could tackle life in the university, particularly educational and outdoor life.

However, most students that have passed through the phase of A' level usually make a difference. Cambridge A' level doesn't just offer itself as an alternative to gaining admission into the university; it is also a platform for experiencing a new view about life. In the course of preparing for the Cambridge A' level examination, a lot of life-changing experiences follow through. The participants, or

of the things I gained in the course of my participation as a Cambridge candidate at Ascending College, Ibadan. In the process of preparing for the examination, I had been trained on speed, having it at the back of my mind that you had just a year to know all Cambridge wanted, and to also be able to reproduce it in a better form.

Furthermore, the level of thinking and understanding of the students is usually subjected to a test of reasoning; this is in all departments – Arts, Sciences and Social Sciences. I discovered months into the programme that I could tackle poetry questions myself being an arts student, and this applied to everyone that participated. We were trained and transformed.

Moreover, our personalities had also been affected. The sheer thought of writing the 'dreaded' Cambridge examination brought confidence into most of us, realising that any other examination can be tackled. Speaking of transformation,



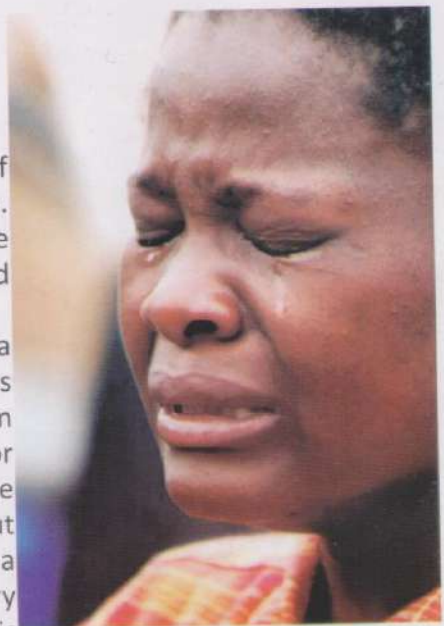
physically, one might even diminish but the inner senses grow in the course of this phase of pre-university education. I can say that the view of life changes because this one year helps in building the senses and maturing the mind. A very interesting part of A' level are the subjects being offered. Most times, these same subjects would have been offered in various secondary schools, but a new perspective to all these subjects is what we meet in the course of A' level programme. In conclusion, through the training, one important thing that is imbibed into the students is that if they can pass out well and tackle the best with hard work and diligence, then life in the university is already made easy halfway. The reading culture and, most importantly, learning to think and reason fast and rightly, was one thing that lingered throughout my participation in the A' level programme. Over time, lives have been transformed, landmarks made, through this glorious and wonderful platform. Will yours be?

**Folasade Akinola (m/j, 2014)**

## A Life <sup>in</sup> PENURY

In life, wealth, riches and prestige are not always what qualifies a comfortable or an appropriate life. Living cannot always be referred to as living if some key components are missing. Having all the riches in the world may as well qualify as a life in penury if such a life lacks major factors which would be discussed in this essay, aimed at examining what life in penury actually is.

First and foremost, and even most important, is a life without God, the creator of life itself. 'Living a life without God' is the ultimate factor that qualifies a life as poor. This has been proved time over time in the Bible that living without God is a fatal mistake. A case study of Abraham where he accomplishes all he was in God; also, the famous persecutor of Christians Saul turned Paul and gained more recognition in Christ. Furthermore in the holy book, Jesus Christ stated; "I am the way, the truth and the life...." Thus, stating that without him dwelling in one means one is treading the wrong path, lying to oneself and not living a life at all. Looking at more familiar and recent example is a great Ben Carson who is known as one of world's greatest neurosurgeon. In his books he stated the importance of God in his life and his carrier. Also, a life without purpose is a life in the gutter. One who lives without having a goal on an aim has nothing to offer in life- for example, a man who lives on the riches of his father and without aspiring to do better is living a life without purpose. Every being has a role to play on this stage to its development and failure to do so would serve as impediment to its progress. One who does not have a purpose in life can be likened to a person who is mad; wandering aimlessly. Reference to Ben Carson in his childhood days, can be said to have had no purpose as his life begins and end in front of the television set until his mother put a stop to that and helped give his life a purpose. Even the messiah Jesus Christ came into this world with a purpose; to save humanity from damnation and give it a purpose as it flourished in penury. His death on the cross was significant to his curse including all his exploits on the surface of the earth. More so, a life that is



not making a difference or making a statement is a life in penury. Living just for living's sake is an empty life. People have lived on this earth and marked their names on the sands of time leaving behind various legacies to be remembered for. For example, Aristotle, Pythagoras, and the likes, lived in ancient Greece over hundreds of years ago they are still referred to as they lived yesterday. In our contemporary world so many individuals are setting themselves apart in various fields like music, technological advancement, government and even new fashion. One may not be necessarily be known worldwide but in our immediate



environment, we can all make a difference probably in helping humanity or just doing something that someone else has not yet done. Someone once said that there many route to get to a place; every one must not go in the same direction. Yes we are all striving for wealth, but everyone does not have to get a PhD degree or even go to school at all.

However, there is always an 'however' in life. One may be living under the mirage of having God in his or her life or having a purpose or even making difference. Will you call someone who has purposed in his heart to kill people in other to

attain his goals as having the right purpose in life or for instance Hitler of Germany and Nazi party cannot be said to have good impact in the world or have a good or just purpose as their actions were the harbinger of death, destruction and doom causing the whole world to be in turmoil and confusion. Person claiming to know God but misinterpreting his word cannot be said to have God because the world is the basis for once faith. All account documented in it have happened millions of years ago.

A life with one or two of these factors is not yet complete because all three come as a

result of others in the sense that without God, one cannot have his purpose in life and definitely cannot make a difference. With this in order to live one's life to the fullest all three factors have to be acquired.

In a nutshell fulfilment in life comes with having these key things. Wealth alone cannot bring happiness; but a life blessed by God and a purpose given by God and making a difference in reference to God can surely give one a fulfilled and blessed life.

**Wilson Shadrach (O/N, 2014)**  
Federal Government College,  
Ijanikin

## WHO? IT IS ABRAHAM LINCOLN.

When nothing turns out the way we plan, quitting might be the easiest but never the smartest thing to do; might be the most compelling but never the most rewarding action to take. WHY? Quitters are never winners.

Likewise, life is divinely designed to have obstacles from time to time. No matter how many we scoop out, new ones will

inevitably emerge. Let's not ignore obstacles, but let's not have obstacles have us ignore life.

Persistence and determination are potent. The slogan, "Press on", has solved and will always solve the problem of human race. KEEP STRIVING, 'COS IT'S NOT OVER UNTIL IT'S OVER. You will get there.



## A LESSON WORTH LEARNING FROM A DONKEY AND A FARMER



One day, a farmer's donkey fell down into a well. The animal cried pitifully for hours as the farmer tried to figure out what to do. Finally he decided that the animal was old and the well needed to be covered up anyway. It just didn't worth it to retrieve the

Donkey. He invited all his neighbours to come over and help him.

They all grabbed shovel and began to park dirt into the well. At first, the donkey realized what was happening and cried horribly. Then to everyone's amazement he quietened down. A few shovel loads later, the farmer finally looked down the well. He was astonished at what he saw. With each shovel that hit his back, the donkey was doing something amazing. He would shake it off and take a step up.

As the farmer's neighbours

continued to shovel dirt on top of the animal, he would shake it off and take a step up. Pretty soon, everyone was amazed as the donkey stepped up over the edge of the well and happily trotted off.

**MORAL** Life is going to shovel dirt on you, all kinds of dirt. The trick to getting off the well is to SHAKE IT OFF and TAKE A STEP UP. Each of our trouble is a stepping stone. We get out of the deepest well just by not stopping but by never giving up. **SHAKE IT OFF TODAY AND TAKE A STEP UP!!!**



## BRAINTEASERS

1. Why is letter E so important?
2. Why is a River so rich?
3. How can you make 1000 out of eight 8's?
4. How can you make 6 out of three 5's?
5. Why are letters "G" and "S" in 'gloves' so close?
6. Why is SMILES the longest word ever?
7. Who works only once in a year but never gets tired?
8. Which letter of the English alphabets is a question?
9. Which letter of the Elephant alphabet is an animal?
10. How do you feel today?
11. What makes policemen stronger?
12. How can you make a long rope shorter without cutting or winding it?

## ANSWERS

1. Because it is the beginning of EVERYTHING.
2. Because it has two BANKS.
3.  $8+8+8+88+888=1000$ .
4.  $5+5-9+5=6$ .
5. Because there is LOVE in between them.
6. Because there is MILE in between them.
7. Santa Claus.
8. Y''-WHY."
9. B''-BEE.
10. With my hands of course.
11. Because they control traffic with just one hand.
12. Looking for a longer rope and comparing.

Yousouph Joshua Similoluwa (O/N, 2014)

Federal Government College, Ikirun

## Outlast Your Challenge WANT TO TAKE A GUESS? WHO IS THIS PERSON?

Events	Age
Failed in business	22
Defeated in legislator election	23
Failed in business again	24
Lost sweetheart	26
Nervous breakdown	27
Defeated for speaker	29
Defeated for Elector	31
Defeated for congress	34
Defeated again for congress	39
Defeated for Senate	46
Defeated for Vice-President	47
Defeated for Senate again	49
Elected for Presidency (USA)	51



I have come to realise, as it is always said, that attitude is everything. It is 100%. It determines so much about the **DESTINY** of a man. Some students have good **MORALS**, while some others do not, and **NE** they experience. **PRIDE** and **EGOISM** will not make them see reasons to sit up and make their next attempt a better one. It is obvious that students who are **DILIGENT** are not mostly

## Attitude

these even **WAYWARD**. They follow h a v e instructions and keep good negative **FRIENDS**. **HUMBLE** students will **INFLUENCE** often ask **INTELLIGENT**. Many, who questions from their teachers, are **LAZY** and they will also see how to be and not of **HELP** to those around them. **DETERMIN** Dear reader, build up your **ED**, end up **CHARACTER** and be among b e i n g those who win the **FAVOUR** of **RESENTFUL** all. Speak **GRACIOUS** words, and , blaming in case there is an **OFFENCE**, use others for the magic words: '**PLEASE**. t h e **EXCUSE** me. I'm **SORRY**. **THANK MISFORTU** **YOU**. **PARDON** me.'

Never be too big to **APOLOGISE**; work on your **TEMPERAMENT**. Have **SELF-CONTROL**; **PRAY** to God for a good attitude. You never know how much it can bring you a **GLORIOUS FUTURE**!



Solve the following puzzle by identifying the words in bold and in italics.

U	L	Y	Z	H	U	M	B	L	E	G	O	I	S	M	F	C	D	E	O	E
Z	O	I	R	U	O	V	A	F	R	I	E	N	D	S	F	A	B	J	L	A
Y	R	B	K	W	I	N	F	L	U	E	N	C	E	Y	U	L	T	D	F	P
T	T	L	T	U	I	R	D	P	T	G	E	C	N	E	F	F	O	E	A	O
T	N	I	A	M	E	I	Q	Q	U	L	P	P	R	I	D	E	K	N	N	L
H	O	E	X	I	S	M	I	S	F	O	R	T	U	N	E	O	Z	I	O	O
A	C	L	G	O	A	O	Q	P	A	R	A	L	J	I	S	U	E	M	D	G
N	F	Y	T	I	E	R	A	M	N	I	Y	L	G	J	T	W	W	R	R	I
K	L	E	N	S	L	A	R	R	O	O	L	L	I	B	I	P	A	E	A	S
Y	E	W	E	S	P	L	E	P	A	U	Y	U	V	O	N	W	H	T	P	E
O	S	T	G	T	U	S	E	W	F	S	Z	L	A	Z	Y	O	T	E	Y	S
U	O	J	I	Y	X	V	Z	T	I	F	E	T	U	A	O	I	L	D	U	T
F	A	E	L	A	A	L	N	I	N	F	A	X	W	A	O	I	E	P	W	O
D	T	N	I	P	L	E	H	I	H	I	G	R	A	C	I	O	U	S	V	X
A	H	A	D	I	S	O	R	R	Y	J	U	E	S	J	E	S	U	C	X	E
M	U	T	N	E	M	A	R	E	P	M	E	T	A	I	T	I	R	F	N	A
U	M	A	R	R	E	T	C	A	R	A	H	C	A	T	A	N	F	D	O	L

Let's see if you can get this:

A girl went to school the teacher asked, 'How old are you?' She replied, 'I don't know, but I know I'm half my mother's age.'

The teacher asked, 'OK, how old is your mother?' She said, 'I don't know, but I know that my Dad is 5 years older than my mother.'

The teacher then asked, 'How old is your dad?' She said, 'I don't know but I know that if we add our ages, the answer is 100 years...

Now, how old is the girl, her mum, and her dad?

## Solution

Girl's age =  $x$

Mother's age =  $2x$

Father's age =  $2x + 5$

$x + (2x) + (2x + 5) = 100$

$x + 2x + (2x + 5) = 100$

$5x = 100 - 5$

$5x/5 = 95/5$

$x = 19$  (girl's age)

Mother's age =  $19 \times 2$

= 38

Father's age =  $38 + 5$

= 43

### Answer

The girl is 19 years; her mum is 38 years; her dad is 43 years.  
Olagoke Oludare (Instructor, Ascending College)



# PRIZE WINNERS



**NWAIWU  
SAMUEL TOCHUKWU**

Air Force Secondary School, Ibadan  
Biology - A Chemistry - A Physics - B



**OPAKUNLE  
JOHN ONABOWALE**

Alayande School Science, Oke-Bola, Ib  
Chemistry - A Mathematics - A  
Physics - B



**OLOPADE  
AYODEJI BAYOWA**

Federal Govt. College, Odogbolu,  
Ogun State  
Mathematics - A Chemistry - A Physics - B



**OGUNLADE  
RASHEDAT KEMI**

Command Day Secondary Sch. Ikeja  
Biology - A Chemistry - B Physics - B



**EWUZIE  
CHIMAUCHEM PAUL**

Federal Govt. College, Odogbolu,  
Ogun State  
Mathematics - A Physics - B Chemistry - B



**OREDOLA  
EMMANUEL OLAMIDE**

School of Science Igboho, Oyo State  
Physics - A Chemistry - A Biology - B



**BAMIGBOYE  
MOSHOD**

O.A.U. International Secondary Sch. Ile Ife  
Physics - A Chemistry - B Maths - B



**EKUNDAYO  
OPEYEMI OLUWADAMISI**

Federal Govt. College Ogbomosho  
History - B Literature - Eng. - C Sociology - C



**AKANFE  
ABIDEMI MOSUNMOLA**

O.A.U. International Secondary Sch. Ile Ife  
Best Behaved



# ASCENDING COLLEGE



**A**scending college is fully accredited by Oyo State Government of Nigeria. The college works closely with the British Council, Nigeria and was set up with the primary aim of providing cost effective education, leading to internationally recognized certificates. Ascending College is an affiliate of Association of Business executives, UK and of partners with Colleges and Universities in the UK. Essentially, its aim is to provide students with the opportunity to achieve their educational goals within a cost

effective and condensed time frame. Cambridge A'level is a reliable route to secure Direct Entry admission into all Universities around the world. All Universities in Nigeria accept Cambridge A'level certificates as a means of securing Direct Entry admission. Our students' performance at Cambridge A'level examinations Every year is impressive. Students are to choose three subjects related to their career, out of the subjects offered at Ascending College for Cambridge A'level which includes: Physics, Mathematics, chemistry, Biology, Economics, Accounts, Business Management, History, Geography, Computer Science, English Literature and Law etc.

## THE 'P'S OF LIFE (PAST, PRESENT AND PRESENT CONTINUOUS)

**D**o not let your past affect your present nor your future negatively, for in this, is total and definite destruction. Your past should be cast, fast back into a place in your world where it would not be felt.

I met girls along the way but mostly in the day. Their nebulous hopes and aspirations were easily noticed. All these though never enticed me but rather simplified things and gave me a better understanding about the female gender.

Meeting friends along the way, I felt a force almost at every point which made me pause even

when there was really no cause. I was almost slowed and even stopped but going up, I remembered the size of the price I was to derive after the 'drive' up the sky

Coming across youths, I met a lot who felt life was without size and so was to be precise. Their flippant excuses had effect on me. I wondered and pondered on the reasons why they felt life was about enjoyment, false nourishment and foolish sentiments. My head spun as I thought about the things, and with ease, I let the thoughts flee. Reading the books of intellects spread all round the world, going

through the findings of my journey and reading the book of the 'preacher', I got to know that these three classes of both the present, present continuous were bound to have lamentations towards the end of the bends.

You either live for passion or pleasure. A lot of 'P's determines the achievement of our dreams in life. Partake more in '**Pleasure**'; then you will experience **Stagnancy and Dream-destruction....** Partake more in your '**Passion**'; then, you will experience **Upliftment and Achievement.**



# Science Corner

## Obesity and Reproductive Health in Females



**H**ow does obesity affect my health?

A patient once asked at the university college hospital (U.C.H). Obesity is a condition in which excess body fat has accumulated to the extent that it may have a negative effect on health, leading to reduced life expectancy and increased health problems. In the middle ages, obesity was common among the high officials in Europe and often seen as a sign of wealth and wellbeing. Even in Africa, especially after HIV was discovered, people thought obese people were healthy people, later researchers discovered that obesity was a problem in which there was inability to secrete the protein, Leptin.

Obesity has a significant adverse effect on reproductive outcome. It influences not only the chance of conception but also the response to fertility treatment, increases the risk of miscarriage, congenital

anomalies and pregnancy complications, it also decreases successful pregnancy rates in both natural and assisted conception cycle with fertility being partially restored. If weight loss can be achieved, it causes a decrease in ovulation rates once obese women are pregnant, their risk of pregnancy complication is significantly greater than their lean counterparts.

Furthermore, obesity adversely affects male fertility, although obese men have low and free 'testosterone levels'. Metal analysis have so far fan led to confirm an effect of obesity on semen parameters, indicating that if obesity does reduce male fertility, then the effect is likely to be subtle, it also has pubertal transition on the girls advancing it in girls and delay in girls.

Obesity is most commonly caused by a combination of excessive food energy intake, lack of physical activity and genetic susceptibility. Although

a few cases are caused primarily by genes, endocrine disorders, medications or psychiatric illness.

Now, after reaching this, you may ask yourself: 'How can I reduce the risk of obesity for myself and generations to come?' Dieting and exercising can help for an obese person by reducing the consumption of energy- dense foods, such as those high in fat and sugars by increasing the intake of dietary fibre, with a suitable diet, anti-obesity drugs may be taken to reduce appetite or decrease fat absorption. If diet, exercise are not effective, surgery may be performed to reduce stomach volume or bowel length, leading to feeling full earlier and a reduced ability to absorb nutrients from food.

**Precious Ademolu; Daniel Ndubuisi**

**Beatrice Olapade; Shodeinde Bimbo**



# Cigarette Smoking and Its Effects



**N**icotine is the addictive substance in tobacco that causes smoker to continue their smoking habit. Along with nicotine smokers inhale about 7,000 other chemicals. These chemicals harm nearly every organ in the body. Addicted smokers need enough nicotine over a day to feel normal- to satisfy cravings or control their mood. How much nicotine, a smoker needs determines how much smoke they are likely to inhale, no matter what type of cigarette smoke. Along with nicotine, smokers inhale about 7,000 thousand chemicals come from burning tobacco leaf. Some these compounds are chemically active and trigger profound and damaging changes in the body. Tobacco smoke contains over 60 known cancer-causing chemicals. Smoking harms nearly every organ in the body, causing many diseases.

## Dangerous chemicals in tobacco smoke

The most damaging components of tobacco smoke are:

- **Tar:** is the collective term for the various particles suspended in tobacco smoke. The particles contain chemicals, including several cancer-causing substances (carcinogens).

- **CO<sub>2</sub>:** This odourless gas is fatal in large dose because it takes the place of oxygen in the blood. Each red blood cell contains a protein called haemoglobin that transports oxygen molecules around the body. However, co<sub>2</sub> binds to haemoglobin better than O<sub>2</sub>. This means that less oxygen reaches the brain, heart, muscles and other organs. Other chemicals in smoke that damage the lungs include hydrocarbons, organic acids and oxidizing agents.

## Effects of Smoking on the Respiratory System

- Irritation of the trachea and larynx
- Reduced lung function and breathlessness due to the swelling and narrowing of the lung airways and excess mucus in the lung passages.
- Lung infection such as coughing and sneezing

## Effects of Smoking on the Circulatory System

- Raised blood pressure and heart rate
- Constriction of blood vessels in the skin, resulting in a drop in skin temperature
- Less O<sub>2</sub> carried by the blood
- Sticker blood, which is more prone to clotting
- Increased risk of stroke and heart attack due to blockages of the blood supply

- Reduced bone density

## Effects of Smoking On The Sexual Organs

- Lower sperm count
- Genetic damage to sperm
- Reduced fertility
- Absence of menstruation
- Increased risk of cancer of the cervix

## Effects of Smoking On The Body

- Irritation and inflammation of the stomach and intestines
- Reduced ability to smell and taste
- Premature wrinkling of the skin
- Gnum disease (periodontitis)

Two medications are available on the pills to help you stop smoking:

- Zyban (bupropain) is prescribed as one-two tablets a day.
- Champix (Varenichne) works by preventing nicotine from binding to receptors (parts of your brain that respond to nicotine), which reduces the rewarding effects of smoking.

It is really important with all medications that you set yourself a quit day. This is a day where once you reach it, you promise yourself that you do everything you can make sure you don't smoke again.

**Olapade Damilola Beatrice (O/N, 2014)**

**May Flower Secondary School, Ikenne**



## One Direction

Screaming echoes in protest  
Bitter Melodies at the closet  
The ups and downs of a cruise  
Truths wallow with chains of courtesies

Leaving sympathies, rivers and less liberties.  
Raised voices cause traumas and disorder  
Is there an escape route to this maze or another?

I was as quiet as an earthworm pacing silently  
Watching my hole being crushed killing violently

Sighs of impossible peace and hurtful tales  
No trees to lean on, nor grounds to sit on  
Expectantly waiting for a light amidst my walls  
A sense or instinct to teach either to watch or run  
Roars or subtle whispers which do you prefer

Sometimes I wonder if my pains send signals  
Or if my question deserve answers now or ever  
Though I see million replies to many queries  
I want to know.

**Ore Oni (O/N, 2014)**

**Federal Government College, Ijanikin**



Thank God, all was not lost

## How She Came, Saw, and Conquered!

The earth was void and maybe not moist  
I came to this world with so many flaws,  
Now my time has come; I obeyed the laws  
Thank God, all was not lost!  
In this world of rust and dust!

The cock has crowed  
And the wind billowed,  
Yet tomorrow would be the day  
To hear the final say  
On the reward I paid.

My summary words seems witty  
Did not concisely write it out of pity  
Just admonishing that to be original is beauty.  
And to be fake is guilty.

Wherefore, adhering is total humility.

**Sharon Kubua (O/N, 2014)**

**Air Force Comprehensive School, Ibadan**

### THE 'GOODS' OF THE FRENCH LANGUAGE

*Bonjour* — Good morning.  
*Bonsoir* — Good afternoon  
*Bonne nuit* — Good night  
*Bonne arrivee* — Welcome  
*Bon Voyage* — Safe journey  
*Bon sens* — common sense  
*Bon enfant* — Good natured  
*Bon Marche'* — cheap  
*Bon a rien* — Good for nothing  
*Bonne pate* — Good sort  
*Bonne sante'* — Good health  
*Bonne vie* — Good life  
*Bonne Chance* — Good luck  
*Bonne action* — Good deed  
*Bonne Annee* — Happy new year

Joyce A. Adewale

## The End of a Journey

The earth was void  
and maybe not  
moist;  
I came to this world  
with so many flaws,  
Now my time has  
come, I obeyed the  
laws;

In this world of rust and dust!  
The cock has crowed,  
And the wind billowed;  
Yet tomorrow would be the day  
To hear the final say,  
On the reward I paid.

**Okagbue Samuel (O/N, 2014)**

**Federal Government College, Ijanikin**





## Be Happy

A Crow lived in the forest and was absolutely satisfied in life. But one day he saw a Swan; then, he said, "This Swan is so white, he thought and I am so black". "This Swan must be the happiest bird in the world", he expressed his thought to the Swan. Actually the Swan said "I was feeling that I was the happiest bird around until I saw a parrot, which has two colours, I now think the parrot is the happiest in creation". The crow

then approached the parrot. The parrot explained: "I lived a very happy life until I saw a peacock has multiple colours. The crow then visited a peacock in the zoo and saw that hundreds of people had gathered to see him. After the people had left, the crow approached the peacock. "Dear peacock," the crow said, "you are so beautiful. Everyday thousands of people come to see you. When people see me they immediately shoo me away. I think you are the happiest bird on the planet. The peacock replied "I always thought I was the most beautiful and happiest bird on the planet because of my

beauty I am trapped in the zoo. I have examined the zoo very carefully and I have realized that the crow is the only bird not kept in a cage. So for the past few days I have been thinking that if I were a crow I could happily roam everywhere."

So, be happy; cherish and value yourself because you worth more than anyone else. You are differently different and uniquely unique. Our problem as human beings resides in our unnecessary comparison of one another. Keep valuing the things God has given you, most especially your own self, and discard the attitude of comparison which only leads to unhappiness. That's the secret. Behappy.

By Akanbi Faith (M/J, 2014)  
Federal Government College,  
Ogbomoso

## I Wish You Enough

Recently, I overheard a mother and daughter in their last moments together at the airport as the daughter's departure had been announced. Standing near the security gate, they hugged and the mother said: "I love you and I wish you enough." The daughter replied, "Mom, our life together has been more than enough. Your love is all I ever needed. I wish you enough, too, Mom." They kissed and the daughter left. The mother walked over to the window where I sat. Standing there, I could see she wanted and needed to cry. I tried not to intrude on her privacy but she welcomed me in by asking, "Did you ever say good-bye to someone knowing it would be forever?" "Yes, I have," I replied. "Forgive me for asking but why is this a forever good-bye?" "I am old and she lives so far away. I have challenges ahead

and the reality is the next trip back will be for my funeral," she said. When you were saying good-bye, I heard you say, "I wish you enough." May I ask what that means?" She began to smile. "That's a wish that has been handed down from other generations. My parents used to say it to everyone." She paused a moment and looked up as if trying to remember it in detail and she smiled even more. "When we said 'I wish you enough' we were wanting the other person to have a life filled with just enough good things to sustain them". Then turning toward me, she shared the following, reciting it from memory, I wish you enough sun to keep your attitude bright. I wish you enough rain to appreciate the sun more. I wish you enough happiness to keep your spirit alive.

I wish you enough pain so that the smallest joys in life appear much bigger.

I wish you enough gain to satisfy your wanting.

I wish you enough loss to appreciate all that you possess.

I wish you enough hellos to get you through the final good-bye.

She then began to cry and walked away. They say it takes a **minute** to find a special person, **an hour** to appreciate them, **a day** to love them, and **an entire life** to forget them.

So, learn to appreciate people and know that you may catch your fun breaking people's hearts and offending them, but it may take an entire lifetime to build up that relationship.

Adapted by Joyce A. Adewale  
(Instructor, Ascending College)



# TEACHING STAFF PROFILE DEPARTMENTS

## SCIENCES

1. Omotosho Owolabi S.	BSc. Chemistry; M.Ed	Chemistry
2. Akinsanoye Olakunle	BSc., MSc. (Chemistry)	Chemistry
3. Oderinde Oluwaseyi M.	BSc., MSc. (Physics)	Physics
4. Olorunfemi Abiodun D.	BSc., MSc. (Mech. Eng.)	Physics
5. Olagoke Oluwadare	B Tech., MSc. Mathematics	Mathematics
6. Owemidu Idowu O.	BSc., MSc. (Physiology)	Biology

## SOCIAL SCIENCES

1. Abu Titilope	BSc. (Ed.), ABE (UK)	Business Studies
2. Akande Esther A.	BSc., MSc.	Economics
3. Adewale Joyce A.	BSc. Economics, AAT	Economics
4. Odeniran Timothy S.	BSc. Finance	Accounting
5. Adeosun Olusola	HND, ICAN	Accounting

## ARTS & HUMANITIES

1. Adebayo Babatunde M.	BSc. Sociology, MBA	Sociology
2. Aborisade Ayodele	BSc., MSc. (History)	History
3. Olasupo Akintunde A.	B.A. Classics, M.A. English	Literature in English



Whoever keeps commandments keeps their life,  
but whoever shows contempt for their ways will die.  
- Proverbs 19:16

## BOARD OF DIRECTORS

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sex), M (London), MCIM (London), G.I Bio

## POETRY CORNER IN THAT PLACE

In that place where no soul can reach;  
A place for us all, carved to teach;  
My soul, like a bird, desires to attain:  
'Midst the vicissitudes of life detained;  
But 'tis retained in its own cage:  
Incarcerated through its age.

It longs to come over into the bliss of Eden,  
Beyond the struggling reach of a heathen.

Over and over it clutches forward,  
More and more searching for-word;  
Ragged and jagged in the fibre of affiliation:  
With no propensity for the piety of appellation;  
Shame like a conduit permeates its spine,

Running ceaselessly through every line.

There is a place, the cleft of a rock,  
Hewn for none to mock;  
A place hidden and assigned,  
The liberation of every soul designed;  
Unearthing my soul from its cagey clay,  
Like a gladiator his oppressors slay.

Take me to that yonder place,  
Where nothing exists but ace!

**Akintunde A. Olasupo**

(Instructor, Ascending College)



# ASCENDING COLLEGE

## 10 REASONS WHY YOU SHOULD DO YOUR A'LEVEL AT ASCENDING COLLEGE

- 1. FAST:** Students are admitted directly into 200 Level in the University.
- 2. SUPER:** It reduces the uncertainty in getting admission into the University. Most students are notable to get through the JAMB UTME by the time they finish their SSCE, 95% of A 'level Students get into the university either with the A'level or with JAMB UTME.
- 3. PREPARE FOR UNIVERSITY:** A' level prepares students for successful university studies. A ' level questions are quite challenging intellectually. They go beyond the knowledge and understanding level of O'level into application, analysis and evaluation. Most A'level students come out Second Class Upper and first class degrees
- 4. AFFORDABLE:** Our fees are very moderate and affordable.
- 5. QUALIFICATION:** A'level is a qualification as such, it will be on your CV for life it is flexible: you will not be tied down to a particular university or country.
- 6. MATURING:** It exposes students to intricate issues in life that will give stability in the university environment. A significant percentage of students fail in the university because they cannot adjust to the "freedom" in the university, no uniform, no monitoring, no large classes etc.
- 7. COMPETENT, CARING & COMMITTED STAFF:** Our teachers have experience and capability. We have adequate system support that has evolved over the years. Our teachers and non-academic staffs can be described as "student friendly".
- 8. FOCUSED CENTRE:** We are focused centre: No JSS, No SSS, NO ATS, JAMB, PCE, etc. we are a dedicated link to the universities in Nigeria and abroad.
- 9. TRACK RECORD:** We have an impressive track record. We however, stress that success is an individual thing: it requires the input of the student too
- 10. A NETWORK OF FOCUSED STUDENTS:** At Ascending College, we concentrate strictly on students who want to secure admission into universities in Nigeria and abroad. Many friends made in Ascending College end up being links in different parts of the world. Within Nigerian universities, we have sizable number of alumni who will help others to settle into universities and guide them. Ascending college students are focused students.

## ASCENDING COLLEGE EVENTS:

### RESUMPTION:

MAY/ JUNE 2015: July 20, 2015

OCT/ NOV. 2015: Oct 19, 2015

GRADUATION 2015 : Aug, 2015

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